

# The Practical Child

## Emotions Flashcards

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THE PRACTICAL CHILD  
DEVELOP WITH CONFIDENCE

# Body Parts Flashcards

**Children sometimes have difficulty in understanding their emotions and making sense of feelings.**

**They will have fun learning with the flashcards below.**

## **To Use:**

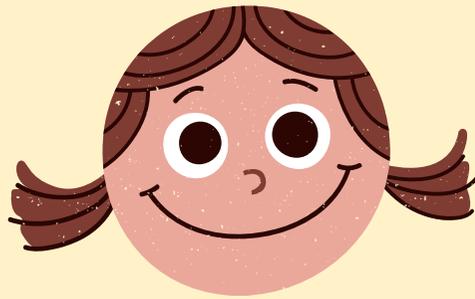
**Print the pages and cut out individual flashcards. See if your child can recognise the emotion. Talk about when you might feel that emotion.**

**I feel**



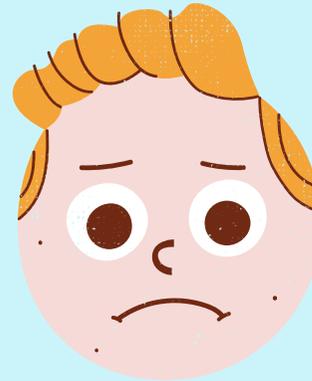
**worried**

**I feel**



**happy**

**I feel**



**disappointed**

**I feel**



**angry**

**I feel**



**glad**

**I feel**



**sleepy**

**I feel**



**hurt**

**I feel**



**calm**

I feel



sad

I feel



shy

I feel



sorry

I feel



excited

I feel



proud

I feel



excited

I feel



tired

I feel



sick

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