

The Making Series



Making Play Dough





THE PRACTICAL CHILD
DEVELOP WITH CONFIDENCE

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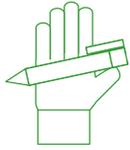
Notes for Adults

This book has been designed by the Practical Child to help develop skills, such as: children's fine motor, imagination and concentration

Sally Davis-Hills is a childrens Occupational Therapist and Kirsty Brocklehurst is a childrens Physiotherapist, both specialists in child development

Ensure that children are supervised by an appropriate adult at all times whilst making the pig and when playing with it. It is your responsibility to make sure the environment is safe and suitable.

The activities in this book are designed to work on specific skills of child development.



Fine motor skills



Listening



Co-ordination



Social emotional



Eye hand Co-ordination



Muscle strength



Motor Planning



Sensory Processing



Concentration



Messy play



Visual Perception



Crossing midline

Making playdough is so easy and can last for a good amount of time if stored in air tight containers or plastic bags. It can be great fun to make with your child. Making your own playdough is low cost and more friendly on the environment than buying it in plastic pots.

I hope you have as much fun with your little loved ones as we do when we make it.

Enjoy, with love

Sally and Kirsty



Recipe

8 tbsp plain flour
2 tbsp table salt
60ml warm water
food colouring
1 tbsp vegetable oil



Instructions

1. Mix the flour and salt in a large bowl.



2. In a separate bowl mix together a few drops of food colouring, the water, and the oil.

3. Pour the coloured water into the flour mix and bring together with a spoon.



4. Add a little flour on to the work surface and knead the dough together for a good few minutes to form a smooth, pliable dough.



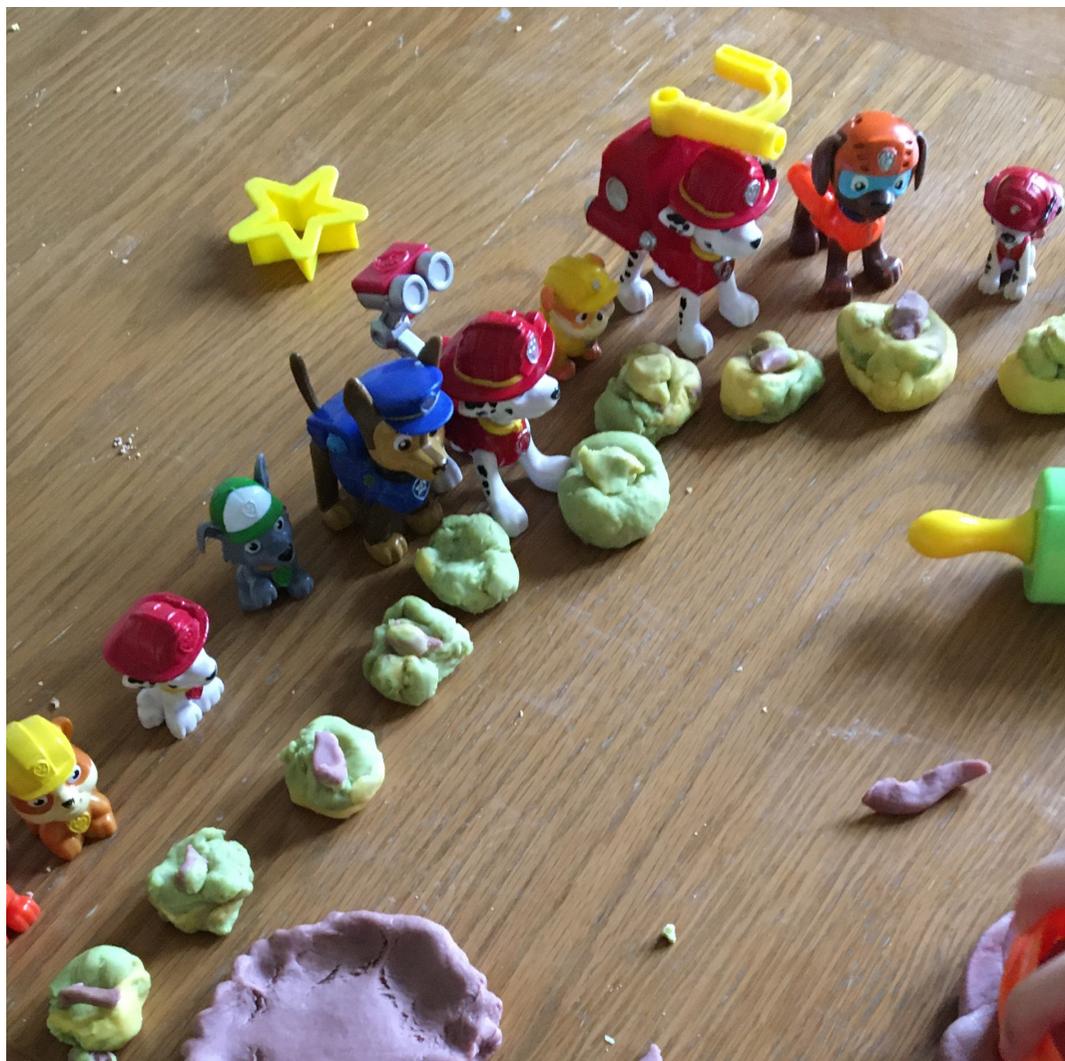
5. If you want a more intense colour you can work in a few extra drops of food colouring. Store in an airtight container or bag in the fridge to store.



Once the playdough is made it can be rolled, molded or cut into fun shapes



Have fun playing with toys and helping your child to be inventive. Here we made pup bowls, and a pup paddling pool!

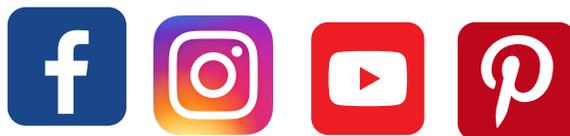


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We would love to see a picture of your finished creation! Send us a picture and we may put it on our gallery

